

SPREADERS



STAINLESS SPREADER BAR

Strongest, most comfortable trapeze hook system! This 10" spreader is recommended for all Murray harnesses. Wide hook system greatly enhances comfort by reducing hip squeeze. Shoulder straps move freely with your movements through smooth stainless attachment loops. No trapeze ring retaining mechanism to fail or foul. Stainless steel with black powder coating. Hook is welded at two points for superior strength. 8 oz.

01-0137 \$30.00

FASTEX BUCKLES

A plastic, two-part side release buckle. Size indicates width of the webbing; 1-1/2" is used on Murray harnesses.

01-0148 3/4" \$2.00

01-0145 1" \$1.50

01-0146 1-1/2" \$2.25

01-0147 2" \$2.50



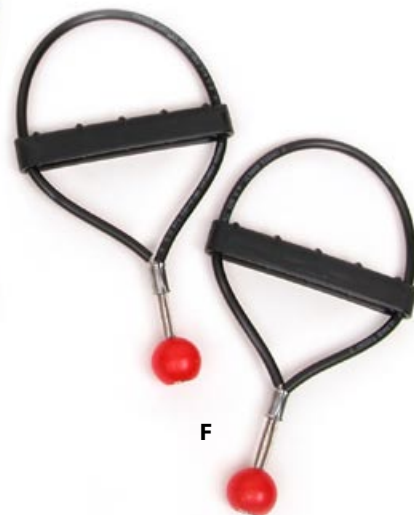
C



D



E



F

RELATED ITEMS

Murray's Harnesses pg 44-45
Trapeze Adjustment Kits 49
Wetsuits 10-11



Photos courtesy of Craig Schifferns

C-F. "KEY-HOLE" SYSTEM

The safety-minded Key-Hole system offers many advantages over the traditional hook design. Its low profile design is less likely to get hooked unintentionally and the system will stay hooked until purposefully removed. A low profile means much easier reboarding and less likelihood of scratching gel coat, point loading or damaging a hull. Ball-end trapeze rings are lighter and less dangerous than stainless dogbones or trapeze rings. The 10" Key-Hole buckle fits Murray harnesses except Classic (unless you sew it on), all Gul, Magic and most Hobie harnesses. The super-strong carbon buckle weighs only 7.5 oz. Order buckle and connectors (sold by the pair) separately.

Key-Hole Buckle

C. 01-0311 Carbon Key-Hole Buckle Only \$99.00

Key-Hole Connectors

D. 01-1212 Key-Ball "Original" Connectors—pair \$28.00

E. 01-1213 Key-Ball Can't Hurt Connectors—pair \$26.00

F. 01-0142 Key-Ball Can't Miss Connectors—pair \$28.00



Spreader and connectors are sold separately

3

2

1

THE BASICS OF TRAPEZING

1. Start by sitting on the hull or sidebar with the trapeze ring hooked to the harness. The trapeze system should be adjusted so that the rope lock is snug to the turning block.
2. Using one hand to steady yourself, slowly ease your weight over the side by pushing out on the deck or trampoline with your feet. Your other hand should be holding onto the trapeze handle for balance. Stand on the side of the hull or sidebar with your weight hanging from the wire.
3. When pushing out, try to keep more weight on your forward foot with your feet spread about two feet apart, keeping your aft leg slightly bent. For coming in, reverse the entire process.
4. The correct trapeze setting is to have your body resting nearly parallel to the trampoline. Beginners can set it a little bit higher, and experts a little bit lower. To adjust trapeze height while sailing, use an adjustable trapeze kit (see page 49).

DA KINE & GUL CATAMARAN & DINGHY HARNESSSES

DAKINE

A. DA KINE SAILING HARNESS

Da Kine's experience in windsurfing and kiteboarding harness construction has paid off! Shaped to your body, this harness provides superior support and good fit without being too bulky. The innovative Independent Power Belt incorporates an elasticized primary belt that fits very snug and provides total closure security, as well as back and side support, giving the sailor a positive harness positioning that leads to greater comfort and performance. The adjustment buckles are covered with neoprene to reduce the chance of snagging during critical maneuvers.

The Power Clip quick-release buckle makes getting in and out of the harness a breeze. This dual stainless system connects instantly and securely to both ends of the spreader bar. The webbing then connects to the quick release, not the bar ends, making for ultra-smooth adjustment and greatly reduced bar roll. The system works equally well for right- or left-handed entry and release. Black with red accents. The Murrays 10" spreader (#01-0137; sold separately) is the perfect complement, as its width further enhances comfort by reducing hip squeeze. This harness is not compatible with the Key-Hole Buckle #01-0311 and Quick Release Hooks. Limited to stock on hand.



POWER CLIP QUICK-RELEASE BUCKLE

\$79.00 CLOSEOUT

32-9010 X-Small
32-9011 Small

Sizes run small, especially if harness is worn over a wetsuit.

DA KINE HARNESS WAIST SIZES	
X-Small	26" - 28"
Small	28" - 30"

Add a Murrays Spreader (#01-0137; \$30 value) for only \$20 by adding an "S" to the item number.



A

Spreader sold separately



Photo courtesy of Gul

D. GUL "STOKES" HARNESS WITH SPREADER

- Padded sides.
- Adjustable back pads.
- Adjustable buckle fastening.
- Full personalized adjustments.
- Ladder lock adjuster covers.
- Universal spreader bar attachments.
- Wide load-bearing spreader bar is included.

\$119.00

34-2032 Junior Large
34-2035 Small/Medium
34-2037 Large/X-Large



GUL HARNESS WAIST SIZES	
Junior Large/Adult Small	26" - 30"
Small/Medium	29" - 35"
Large/X-Large	35" - 40"

All GUL harnesses include spreader bars.



D